

THE Lake Wylie *Lifestyle*



LAKE WYLIE
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
4877 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

JANUARY 2024

Department Heads

Kayla Cline - Executive Director
Nicci Melton - Business Office Manager
Sandy Brown - Resident Program Director
Roger Dishman - Director of Plant Operations
Shawn Latta - Dining Services Director
Janice Eagles - Assisted Living Director
Alyssa Salisbury - Sales Marketing Director

Support Team

Tamicka Sanders Resident Care Coordinator
Cinquetta McKoy Young Sales Counselor



Happy 2024 LWAL Families!!!
Hope everyone is getting some much deserved rest after the hustle and bustle of the holidays. I just want to, yet again, thank you for your support of our community day in and day out. We are very fortunate to have each of you as a part of our family!! We are so excited to see what year 2024 brings for each of us! Our plan is to increase our communication with you all and continue the momentum of everyone's involvement in family nights. Be on the lookout for some exciting things we have in store for the community!!

Sock Snowman

This soft snowman will look cute sitting on a shelf or table.

Materials:

- Measuring cup
- Two socks, one white and one any color (ankle or crew-type socks)
- Dry rice or beans
- Rubber bands
- Scissors
- Hot glue gun and glue
- Buttons and/or pompoms, various colors
- Black marker
- Ribbon

Directions:

Use the measuring cup to fill the white sock with dry rice or beans to create your desired size of snowman. Wind a rubber band around the top of the sock to close the opening, then trim any excess fabric. Take another rubber band and place it around the sock, about a third of the way down, to form the snowman's head and body.

Glue several buttons or pompoms down the front of the snowman's body, and dot on eyes and a mouth with the black marker. For the nose, glue on a small orange pompom or button. Wrap a length of ribbon around the snowman's neck to resemble a scarf, and secure with glue.

To make a hat, cut the colored sock just below the heel. With the toe section as the top of the hat, place the sock on the snowman's head and roll up the cut end to form the hat's brim.



JANUARY 2024

Laugh Lines: Ringing in the New Year

Q: What is a New Year's resolution?

A: Something that goes in one year and out the other.

Q: What did the little Champagne bottle call his father?

A: Pop!

Knock, knock.

Who's there?

Abby.

Abby who?

Abby New Year!

Youth is when you're allowed to stay up on New Year's Eve. Middle age is when you're forced to.

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.

I was going to quit all my bad habits for the new year, but then I remembered that nobody likes a quitter.

My New Year's resolution is to get better at pretending to know the words to "Auld Lang Syne."

"And now let us believe in a long year that is given to us, new, untouched, full of things that have never been."

—Rainer Maria Rilke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Words with Words 6:00 Card Night -PL	BEAUTY SALON DAY 2 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-FD 1:00 Pokeno 2:30 Snack And Hydration-FD 3:00 Who Are We?-PL 6:00 Jigsaw Puzzle-RL	3 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	4 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 11:00 Catholic Mass-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-FD 3:00 Wine And Cheese-PL 6:00 Tic-Tac-Toe-RL	5 9:30 Daily Devotion-PL 10:00 Dollar Tree-OOC 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 6:00 Movie Night -PL	6 9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
7 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 5:00 Game of Choice-RL 6:00 Movie & Popcorn	8 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Snowman Door Sign-PL 6:00 Card Night -PL	9 BEAUTY SALON DAY 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Pokeno 2:30 Snack And Hydration-FD 3:00 EZ Music Trivia-PL 6:00 Jigsaw Puzzle-RL	10 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	11 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Bookmobile 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-FD 3:00 Music with Bill-PL 3:00 Wine And Cheese-PL 6:00 Tic-Tac-Toe-RL	12 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Music with Terry 6:00 Movie Night -PL	13 9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
14 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 5:00 Game of Choice-RL 6:00 Movie & Popcorn	15 Martin Luther King Jr. Day 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Words within Words-PL 6:00 Card Night -PL	16 BEAUTY SALON DAY 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-FD 1:00 Pokeno 2:30 Snack And Hydration-FD 3:00 January Trivia 6:00 Jigsaw Puzzle-RL	17 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	18 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-FD 3:00 Wine And Cheese-PL 6:00 Tic-Tac-Toe-RL	19 National Popcorn Day 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Music With David-PL 6:00 Movie Night -PL	20 9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
21 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 5:00 Game of Choice-RL 6:00 Movie & Popcorn	22 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Resident Council-PL 6:00 Card Night -PL	23 BEAUTY SALON DAY 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Pokeno 2:30 Snack And Hydration-FD 3:00 Survey Says-PL 6:00 Jigsaw Puzzle-RL	24 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	25 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Music with Gloria and Jean 10:30 Snack And Hydration-FD 10:45 Bookmobile 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-FD 3:00 Wine And Cheese-PL 6:00 Tic-Tac-Toe-RL	26 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Music With Patrick-PL 6:00 Movie Night -PL	27 National Chocolate Cake Day 9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
28 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 5:00 Game of Choice-RL 6:00 Movie & Popcorn	29 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-FD 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Residents' Birthday Party 6:00 Card Night -PL	30 BEAUTY SALON DAY 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-FD 1:00 Pokeno 2:30 Snack And Hydration-FD 3:00 What Am I ? 6:00 Jigsaw Puzzle-RL	31 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-FD 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	Resident Birthday 1/07 JOANNE GORDON 1/12 MARYLIN NOTARO	Employee Birthday 1/02 Shawn Latta 1/08 Kim Courtney 1/18 Wendy McClure	<h2>All Events Are Subject to Change</h2>



Matt Jackson is our first shift maintenance assistant and has been a part of our team for three and a half years. He is a hard worker, and our residents love him. On his free time, he is always picking up side jobs and spending time with his family. Matt is a joy to work with and is always willing to lend a helping hand. We are happy to have him as a part of our team.



A Peek at Polar Bears

Polar bears are a high-profile species, seen in films, storybooks and ads. "Paws" for a minute to learn all about these fascinating animals.

- Polar bears spend most of their lives on the sea ice of the Arctic Ocean. Their scientific name, *ursus maritimus*, means "sea bear," and they are classified as marine mammals.
- With large males weighing up to 1,700 pounds and standing 11 feet tall on their hind legs, polar bears are the planet's largest land carnivores. Females are about half as big as males, and newborn bears are the size of a guinea pig.
- Although they appear white, polar bears have hollow fur, which reflects light and acts as camouflage in their snowy environment. Under their coat, the bears have black skin that absorbs sunlight and keeps them warm.
- When swimming, polar bears use their back legs as a rudder to steer, and their front paws to move forward at speeds up to 6 mph. On land, they can run up to 25 mph.
- Since clean fur provides better insulation, the bears bathe by rolling around in the snow.
- When not rearing cubs, polar bears are mostly solitary, but will occasionally gather in groups, called sleuths.
- The Inuit of Canada call the polar bear *nanuq*, which means "an animal worthy of great respect."
- The first Coca-Cola ads featuring polar bears aired in 1993, and the animals have since become mascots for the company.