Department Heads

Kayla Cline - Executive Director Nicci Melton - Business Office Manager Sandy Brown - Resident Program Director Roger Dishman - Director of Plant Operations Shawn Latta - Dining Services Director Janice Eagles, LPN - Assisted Living Director Alyssa Salisbury - Sales Director

Spring Has Sprung!



From the Desk of the Executive Director

Isn't it wonderful that spring has arrived? We're thrilled! The sunny days and warmer weather have been delightful and it's been amazing to see everyone enjoying the outdoors.

With spring also comes the tradition of spring cleaning! As a community, we're kicking off by sprucing up our outdoor spaces! Next on the agenda: focusing on resident rooms. Please ensure that any snacks for your loved ones are stored in airtight containers. We don't want pesky little pests invading their space.

Additionally, a friendly reminder to please give all medications to the community staff and refrain from leaving any and all medication in the resident apartments unless there is a specific order for it.

We want to express our gratitude for your patience as we continue to grow. It's been truly wonderful to welcome so many new faces into our community, including residents, families and staff. With nearly 100 residents now, we've been busier than ever. If you notice a delay in responses from the management team, it's because of this increased activity. If we don't respond promptly, please don't hesitate to remind us, as we're also fully engaged in serving our residents.

APRIL 2024

Laugh Lines: Springtime Silliness

Q: What is the best appetizer to enjoy in spring?

A: A bloomin' onion.

Q: Why did the bird go to the hospital?

A: It needed tweet-ment.

Q: How do you make a waterbed bouncier?

A: Fill it with spring water.

Q: Why is Yoda so good at gardening?

A: He has a green thumb!

Q: What do you call a bear that gets caught in the rain?

A: A drizzly bear.

Q: After a long winter, what did the tree say when spring began?

A: "What a re-leaf!"

What if April Fools' Day is actually on April 2 and we've all been fooled into thinking it's April 1? A and C were going to prank their friend ... but they just letter B.

I decided to start an aerobics class. I bent, twisted, jumped up and down, and perspired for an hour, but by the time I got my leotard on, the class was already over.

When it starts raining ducks and chickens, that's some fowl weather.

There are some friends you know who will never pull an April Fools' Day prank because they think it's still March.







ASSISTED LIVING

APRIL 2024

Cute as a Button

Use colorful buttons to create this seasonal decoration.

Materials:

- Pencil
- Wooden plaque or piece of cardboard
- Buttons, various colors and sizes
- Foam brush
- Decoupage glue **Directions:**

Lightly trace or draw an egg shape on the wooden plaque or cardboard piece.
Separate buttons by color and begin planning your egg's design. An easy and eye-popping idea is to create rows of buttons of the same color, resulting in a striped egg. Use the pencil to lightly

sketch your design inside

the egg.
With the brush, add glue to a small section of the egg and place your desired buttons or top. Continue adding glue and buttons until the egg shape is completely filled.
Let dry, then prop up the plaque on a shelf or table among other springtime décor.

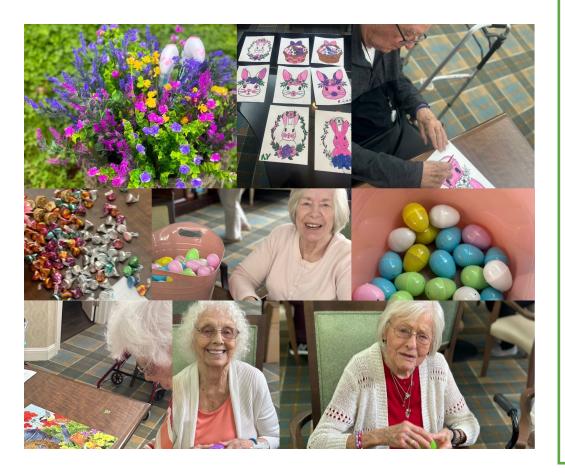
"Tomorrow morning, when the sun shines through your window, choose to make it a happy day." —Lynda Resnick

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
E ASE		April Fools' Day 1	BEAUTY SALON DAY 2	National Walking Day 3	4	5	6
45E	Opril Pril	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Walking Club -AB 6:00 Temple Of Joy- Music With The Dovers-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:30 Who Am I?-PL 1:00 Porch Talk-OB 2:30 Snack And Hydration-PL 3:00 Baking Class-Cinnamon Bread-AR 6:00 Jigsaw Puzzle -RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Diane-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Walking Club -OB 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:15 York County Bookmobile-PD 10:30 Snack And Hydration-PL 11:00 Catholic Mass-PL 1:00 Manicures Spa DayBS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 The Dollar Tree-OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Baking Class-April Showers Rainbow Cookies-AR 6:00 Netflix And Chill -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
eate e of	7 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:00 Art Work -AR 6:00 Game of Choice-RL	9:30 Daily Devotion-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-PL 1:00 Porch Talk-OB 2:30 Snack And Hydration-PL 3:00 Rosie the Riveter Day-PL 6:00 Jigsaw Puzzle -RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa DayBS 2:30 Snack And Hydration-PL 3:00 Music with Bill-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	I .	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Movie Of Choice-FD
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Vanessa has worked with us for several years. She always has a smile on her face. Her passion and willingness to help our residents show every day!

Vanessa has 4 kids, 3 boys and 1 girl. Her favorite thing is to hang out with her best friend, Tada, and she cannot wait to arrive at work every day to take care of our residents because they make her heart happy. We are very lucky to have her as a part of our team!



Gardens Around the Globe

With blooming flowers and budding trees, a garden in springtime is an inviting place to enjoy nature's splendor. Take a virtual stroll through some of the world's grandest gardens. Keukenhof. Called the "garden of Europe," this park in the town of Lisse, in the western Netherlands, is famous for its brilliant display of Dutch tulips, along with daffodils, crocuses, hyacinths and bluebells. More than 7 million bulbs are planted each year for the burst of color that unfolds from March through

Gardens of Versailles.
Commissioned by King Louis XIV in 1661, this formal French garden outside of Paris covers 2,000 acres on the grounds at the Palace of Versailles. Visitors can walk along topiary-lined pathways or ride a boat on the Grand Canal to view thousands of trees and flowering plants and hundreds of statues and fountains.

Nong Nooch Tropical Botanical Garden. The coastal city of Pattaya, Thailand, is home to 600 acres that showcase and conserve hundreds of native plants. Thai culture is also highlighted in dance performances and martial arts demonstrations.

Villa d'Este. The enchanted terraced gardens of this Renaissance-style estate in Tivoli, Italy, date back to the 16th century and are known for their elaborate water features, including waterfalls, fish ponds, and over 50 fountains, one of which plays organ music.



