


THE Lake Wylie *Lifestyle*



LAKE WYLIE
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
4877 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

AUGUST 2023

Department Heads

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Important Numbers

Front Desk - 803-831-9900



The Sunniest Flower

Bright and cheerful, sunflowers are late-summer blooms that have grown to be an annual crowd-pleasing sight.

The iconic sunflower is a tall, sturdy stalk topped with a vibrant gold blossom. There are over 70 varieties of the plant, from dwarf types that only reach 3 feet tall to mammoths that stand more than 15 feet high and can have heads about a foot wide. In addition to the classic yellow color, blooms can also be orange, red or purple, or have striped hues.

Each of a sunflower's petals is a kind of flower called a ray floret. These petals surround the head's large center, which is made of thousands of tiny flowers that eventually dry up and fall off, revealing mature seeds. Depending on the variety of sunflower, the seeds can be harvested and sold as a snack food, processed into cooking oil, or packaged as birdseed. A fascinating feature of sunflowers is that they follow the sun's movement through the sky from dawn to dusk. Called heliotropism, this movement occurs when the plants are young. Mature sunflowers typically face east.

Since sunflowers mirror features of the sun, they are thought to symbolize adoration, loyalty and longevity. Their sunny charm is often seen adorning home décor items and fashion designs, and they have long been a celebrated subject in art. Vincent Van Gogh and Diego Rivera are just a few of the artists who famously depicted sunflowers in their works.

Because they are easy to grow and attract bees, butterflies and birds, sunflowers are a popular choice for home gardens small and large.

Make 'em Laugh

LOL! Aug. 16 is Tell a Joke Day!

AUGUST 2023

How To Make Sun Prints

This simple project combines science and art to create a cool design.

Materials:

- Small, flat objects such as leaves, flower petals, feathers, buttons, keys, etc.
- Construction paper (dark colors are best)
- Clear tape

Directions:

Arrange the objects on the construction paper. Flat objects with lots of details, like the veins in a leaf, will make better prints. Use small pieces of tape to secure the items to the paper. Place the sheet of paper outside in direct sunlight. You can also tape the sheet of paper to a window indoors, with the side holding the objects facing outside. After at least 4 hours, carefully remove the taped objects from the paper to reveal the sun prints left behind. You can frame the designed paper, place it in a journal or cut it into squares to make greeting cards.

"The winds and the waves are always on the side of the ablest navigators."
—Edward Gibbon

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Resident Birthday 8/04 JOHN NEELEY 8/15 BILL REDICK 8/19 SARA PERNA 8/24 DIANE FREEMAN 8/27 THEODORE IVANCO 8/28 ROSCOE AILS	1 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Who Am I?-PL 1:00 Manicures Spa Day-BS 2:30 Snack And Hydration-PL 3:30 Walking Club -OB 6:00 Lemonade & Patio Chit-Chat	2 National Ice Cream Day 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 National Ice Cream Day-PL 3:30 Nine Letter word Square Word Game 6:00 Bible Study Time-PL	3 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 11:00 Catholic Mass-PL 1:00 Minute to Win It-PL 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Movie Night-PL	4 National Chocolate Chip Day 9:30 Daily Devotion-PL 10:00 Exercise Class 10:00 Hamrick's 1:00 Bingo-PL 3:00 Baking Chocolate Chip Cookies-AR 6:00 Friday Night Movie Time-PL	5 9:30 Daily Devotion-PL 10:30 Snack And Hydration-PL 1:00 Bible Alphabet Code-AR 2:30 Snack And Hydration-AR 4:00 Movie Of Choice-PI 6:00 Game Night-RL
6 9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-AR 11:00 Catholic Communion-PL 2:30 Snack And Hydration-AR 6:15 Bible Study with David-PL	7 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Crossword Puzzle 6:00 Sunshine & Smiles	8 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Who Am I?-PL 1:00 Manicures Spa Day-BS 2:30 Snack And Hydration-PL 3:30 Walking Club -OB 6:00 Lemonade & Patio Chit-Chat	9 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Square Word Game 6:00 Bible Study Time-PL	10 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 2:30 National S'mores Day-PL 3:00 Wine And Cheese-PL 6:00 Movie Night-PL 10:00 York County Library	11 9:30 Daily Devotion-PL 10:00 Exercise Class 10:30 Dollar Tree 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Arts&Crafts-AR 6:00 Friday Night Movie Time-PL	12 9:30 Daily Devotion-PL 10:30 Snack And Hydration-PL 1:00 Bible Alphabet Code-AR 2:30 Snack And Hydration-AR 4:00 Movie Of Choice-PI 6:00 Game Night-RL
13 9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-AR 11:00 Catholic Communion-PL 2:30 Snack And Hydration-AR 6:15 Bible Study with David-PL	14 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration National Ice Cream Day-PL 3:00 Crossword Puzzle 6:00 Sunshine & Smiles	15 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Who Am I?-PL 1:00 Manicures Spa Day-BS 2:30 Snack And Hydration-PL 3:00 Baking Lemon Meringue Pie Day-AR 6:00 Lemonade & Patio Chit-Chat	16 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Remember Elvis -Elvis Sandwich-PL 3:30 Nine Letter word Square Word Game 6:00 Bible Study Time-PL	17 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Movie Night-PL	18 9:30 Daily Devotion-PL 10:00 Exercise Class 10:00 TJ MAXX 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Arts&Crafts-AR 6:00 Friday Night Movie Time-PL	19 9:30 Daily Devotion-PL 10:30 Snack And Hydration-PL 1:00 Bible Alphabet Code-AR 2:30 Snack And Hydration-AR 4:00 Movie Of Choice-PI 6:00 Game Night-RL
20 9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-AR 11:00 Catholic Communion-PL 2:30 Snack And Hydration-AR 6:15 Bible Study with David-PL	21 BIRTHDAY PARTY 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 August Birthday Party -AR 3:00 Resident Council-PL 6:00 Sunshine & Smiles	22 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Who Am I?-PL 1:00 Manicures Spa Day-BS 2:30 Snack And Hydration-PL 3:30 Walking Club -OB 6:00 Lemonade & Patio Chit-Chat	23 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Square Word Game 6:00 Bible Study Time-PL	24 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Music with Gloria 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 2:30 Snack And Hydration Peach Pie Day-PL 3:00 Wine And Cheese-PL 6:00 Movie Night-PL	25 9:30 Daily Devotion-PL 10:00 Exercise Class 10:30 Lunch Outing -Victoria's Diner-OOC 1:00 Bingo-PL 2:30 National Banana Split Day-PL 3:00 Music With Patrick-PL 6:00 Friday Night Movie Time-PL	26 9:30 Daily Devotion-PL 10:30 Snack And Hydration-PL 1:00 Bible Alphabet Code-AR 2:30 Snack And Hydration-AR 3:00 Music With Bill-PL 4:00 Movie Of Choice-PI 6:00 Game Night-RL
27 9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-AR 11:00 Catholic Communion-PL 2:30 Snack And Hydration-AR 6:15 Bible Study with David-PL	28 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Crossword Puzzle 6:00 Sunshine & Smiles	29 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Who Am I?-PL 1:00 Manicures Spa Day-BS 2:30 Snack And Hydration-PL 3:30 Walking Club -OB 6:00 Lemonade & Patio Chit-Chat	30 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Square Word Game 6:00 Bible Study Time-PL	31 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Movie Night-PL		All Events Are Subject to Change



EMPLOYEE OF THE MONTH

Ella has two kids and two grandkids. She is a joy to work with and is always willing to lend a helping hand. She loves to travel and spend time with family and coaching softball. She is also a Big Pittsburgh Steelers fans. We are happy to have her as a part of our team.



At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.
- It's the wildlife that makes some beaches unique. Sea turtles, penguins, flamingos, monkeys and pigs are just some of the animals that roam the shores along with human visitors.

