Department Heads

Kayla Cline - Executive Director
Nicci Melton - Business Office Manager
Sandy Brown - Resident Program Director
Roger Dishman - Director of Plant Operations
Shawn Latta - Dining Services Director
Sherlie Paul-Charge Nurse
Tiffany Williams- Assisted Living Director -LPN
Cedric Bowler- Sale Marketing Director



Happy Fall Y'all!!

I don't know about you but I am so grateful that Fall is amongst us!! I am ready for cooler weather and all things Fall! But you want to know the best part, it means that Christmas is around the corner!! For me this time of year is absolutely the best part because it begins a season of being grateful and thankful for all that we have and all things that are to come! We need brace ourselves for the how busy we become through this season. For us here at LWAL, we have lots of things headed our way! We have our annual Trunk or Treat on October 26th. Our theme is Toy Story. If you want to participate let Sandy know! Everyone is welcome!! Save the dates for our families nights: November 14th at 5:00 pm and December 14th at 6:30 pm.

OCTOBER 2023



Please come and join us in all the fun. Please drop off a bag of candy for your loved one to give out.

A Fall Favorite

The holiday classic "It's the Great Pumpkin, Charlie Brown" premiered Oct. 27, 1966. The animated prime-time TV special with the gang from Charles Schulz's "Peanuts" comic strip is based on a storyline Schulz first ran in 1962. An animation achievement at the time, the hit is famous for its colorful fall pumpkin patch scenes and for giving audiences their first glimpse of Snoopy "flying" his doghouse as the World War I Flying Ace. It's estimated that about half the homes in America with TVs watched the special, and fans continue to make it a yearly tradition.





ASSISTED LIVING

OCTOBER 2023

Candy Corn Décor

These giant candy corn decorations will put a sweet smile on your face!

Materials:

- 3 cone-shaped foam forms, different sizes
- Clear tape
- Yellow, orange and white yarn
- Scissors

Directions:

Choose one of the cones to start with. Tape the end of the yellow yarn to the side of the cone, near the bottom edge. Wind the yarn around the cone in a continuous string, moving upward, until the entire bottom third of the cone is covered. Cut the yarn string and tape the trimmed end to the cone.

Using the same process, wrap the cone's middle section with the orange yarn. Finish the tip of the cone with white yarn. It should look like a piece of candy corn. Wrap the remaining two cones. Display the three candy forms on a table or shelf.

"Hope is like the sun, which as we journey towards it, casts the shadow of our burden behind us."

—Samuel Smiles

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 6:15 Bible Study with David-PL	National Homemade Cookies 2 Day 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Baking Class Homemade Cookies-AR 3:30 Guardian Angel Day Craft-AR 6:00 Card Night -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Breast Cancer Awareness Month-PL 2:30 Snack And Hydration-PL 3:30 Halloween Words With In Words-PL 6:00 Lemonade & Patio Chit-Chat-FD	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Bookmobile 10:30 Snack And Hydration-PL 11:00 Catholic Mass-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Game Night-Resident Choice-RL-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 Hamrick's-OOC 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Toy Story Cut Outs-AR 6:00 Friday Night Movie Time-PL	9:30 Daily Devotion-PL 10:30 Snack And Hydration-F 1:00 "Ace"-ing the Exam-FD 2:30 Snack And Hydration-F 4:00 Movie Of Choice-FD 6:00 Game Night-RL
9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 6:15 Bible Study with David-PL	Columbus Day 9 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Halloween Door Decoration-AR 6:00 Card Night -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Words Within Words-PL 2:30 Snack And Hydration-PL 3:30 Pumpkin Painting -AR 6:00 Lemonade & Patio Chit-Chat-FD	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-DR 3:00 Music With Bill-DR 3:30 Wine And Cheese-DR 6:00 Game Night-Resident Choice-RL-PL	9:30 Daily Devotion-PL 10:00 Dollar Tree -OOC 10:00 Exercise Class-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Toy Story Cut Outs-AR 6:00 Friday Night Movie Time-PL	9:30 Daily Devotion-PL 10:30 Snack And Hydration-F 1:00 Quarterback "Sack"-FD 2:30 Snack And Hydration-F 4:00 Movie Of Choice-FD 6:00 Game Night-RL
9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 6:15 Bible Study with David-PL	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:00 Resident Council-PL 2:30 Snack And Hydration-PL 3:00 Work of Art -Toy Story 6:00 Card Night -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Words Within Words-PL 2:30 Snack And Hydration-PL 3:30 Halloween Crafts-AR 6:00 Lemonade & Patio Chit-Chat-FD	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Chocolate Cupcake Day-PL 3:30 Nine Letter word Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Snack And Hydration-PL 12:00 Bookmobile -AR 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Game Night-Resident Choice-RL-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 TJ MAXX-OOC 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Toy Story Cut Outs-AR 6:00 Friday Night Movie Time-PL	9:30 Daily Devotion-PL 10:30 Snack And Hydration-F 1:00 Mixed Up Candy-FD 2:30 Snack And Hydration-F 4:00 Movie Of Choice-FD 6:00 Game Night-RL
9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 6:15 Bible Study with David-PL	9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Work of Art -Toy Story 6:00 Card Night -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:30 Nine Letter word Word Game-PL 6:00 Bible Study Time-PL	TOY STORY- TRUNK OR TREAT 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:30 Music with Gloria and Jean 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:30 Trunk or Treat -Toy Story -OF	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Lunch Outing -Papa Docs-OOC 1:00 Bingo-PL 3:00 Music With Patrick-PL 6:00 Friday Night Movie Time-PL	9:30 Daily Devotion-PL 10:30 Snack And Hydration-F 1:00 Set "Pen" to Paper-FD 2:30 Snack And Hydration-F 4:00 Movie Of Choice-FD 6:00 Game Night-RL
9:30 Daily Devotion-PL 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 6:15 Bible Study with David-PL	9:30 Daily Devotion-PL	Halloween Day 31 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Words Within Words-PL 2:30 Halloween Party -PL 6:00 Halloween Movie Night -PL	Resident Birthdays 10/02 GLEN COLTEY 10/09 LEORA REITTERER 10/10 CHERYL ZEIGLER 10/15 MARY STEWART 10/22 PAULINE SUSKI 10/26 MILDRED NOLES 10/28 BOBBIE EASTRIDGE	Employee Birthdays 10/11 Roger Dishman 10/13 Breanna Menard 10/18 Tamicka Sanders 10/21 Cody Stiles 10/22 Patti Neill 10/26 Cassie Carr	Activities Location Resident Led-RL Out Of Community-OOC Dining Room- DR Back Porch-BP Parlor-PL Activities Room-AR Front Porch-FP Front Desk-FD	All Events Are Subject to Change



EMPLOYEE OF THE MONTH

Anna Lang has worked with us for over two years. She is a joy to work with and is always willing to lend a helping hand. In her free time, she loves to go running and working on her crafts. Anna is passionate about working with the residents and she stated that the residents and her coworkers have made an impact on her young life.



Our residents working hard on our Toy Story Trunk or Treat night. The outcome of these handmade crafts is the best!

Silly, Spooky Snacks

No tricks, just treats! Celebrate the spooky season with these fun recipes:

Freaky flapjacks. Prepare pancake batter from a box or your own recipe, then pour into a gallon-size zip-close food storage bag. Seal the bag, then snip off a bottom corner. On a hot griddle or skillet, add 1 teaspoon oil, then squeeze the batter from the bag and make a spiderweb shape. Cook 1 to 2 minutes, then flip and cook another minute. Repeat with rest of batter.

Monster smiles. Slice an apple, any variety, into wedges. Spread nut butter on one side of each wedge. On one wedge, with nut butter side up, arrange mini marshmallows in a row to look like teeth. Place another wedge on top, nut butter side down. Repeat with remaining slices. Yummy mummies. Roll out refrigerated pizza dough and cut dough into strips. Wrap strips around hot dogs. Place wrapped hot dogs on a greased cookie sheet and bake for 15 minutes at 350° F. Remove from oven and let cool, then dot on eyes with mustard, ketchup or pizza sauce. Serve with additional sauce or condiments for dipping. Batty bites. Unwrap a peanut butter cup and place in front of you. Separate a chocolate sandwich cookie and break one of the wafers in half to create two wing shapes. Use a dab of peanut butter to attach the wings to the cup, curved sides up. Then use more peanut butter to attach two chocolate chips to the center of the bat to look like eyes.







