### **Department Heads**

Kayla Cline - Executive Director
Nicci Melton - Business Office Manager
Sandy Brown - Resident Program Director
Roger Dishman - Director of Plant Operations
Shawn Latta - Dining Services Director
Sherlie Paul- Charge Nurse
Sale Marketing Director
Janice Eagles- Assisted Living Director

### **Resident Care Coordinator**

Assisted Living-Tamicka Sanders-Tsanders@tarantinoseniorliving.com



Happy Holidays!!

Hope everyone is gearing up for this holiday season!! As a reminder we have our Christmas family night Thursday December 14th at 6:30PM. We look forward to seeing and spending time with you and your loved ones. What a year 2023 has been. We are so grateful for the opportunity to serve you here at LWAL. Though there have been a lot of changes for the community, as each change comes, growth and your team here at LWAL are here to support you and your families as we go full steam ahead into and through 2024. If you need anything, please do not hesitate to reach out, (713) 788 – 4209.

#### **DECEMBER 2023**



Jan re-joins us at LWAL as our Assisted Living Director. We are so grateful for her return.

Jan lives in Clover, so this feels like home to her! She lived at the North Myrtle for 6 years but decided to leave the beach to come back to Clover. She has three grandboys and two adult boys that keep her on her toes and busy!! She has 4 fur babies, two dogs and two cats. She has been married for 22 years. Her husband is from South Africa, and they love to travel together. She has been a nurse and taking care of seniors for 23 years and has 8 years of assisted living experience.

We are so grateful for her return and look forward to what her experience brings to LWAL.





**ASSISTED LIVING** 

## DECEMBER 2023

# The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

Treats. Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration. Decorations. Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy. Crafts. Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work. Music. Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.

> "Bells are music's laughter." —Thomas Hood

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
=	Merry Christmas	Employee Birthdays  Adrien Reid-Douglas 12/4  Denise Meyer 12/5  Jasz Bennett 12/5  Lasasha Walker 12/9  Shawnetta Wright 12/14  Keyona Mackey 12/15  Terra Sheppard 12/15  Cinquetta McKoy 12/18  Sister Elsa Koyickal 12/25  Norzenia Monroe 12/31	Resident Birthdays  GLEN COLTEY 12/02  SUE ANANDA 12/05  YVONNE BRADY 12/05  CHARLES  BLACKWELDER 12/09  GERTRUDE WILSON 12/22  CHARLES HOFFECKER 12/23  CHARLES KING 12/26			National Peppermint Bark Day 1 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 Hamrick's-OOC 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Decorate Christmas Tree-PL 6:00 Christmas Movie-PL	9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo with Darlene-PL 2:30 Snack And Hydration-FD 4:00 Movie Of Choice-FD 6:00 Christmas Music-RL
s s ts	10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD	9:30 Daily Devotion-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 EZ Name That Tune-PL 6:00 Card Night - Christmas Cookies -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy 10:30 Snack And Hydration-PL 1:00 Christmas Decorating-PL 2:30 Snack And Hydration-PL 3:00 Christmas Decorating -PL 6:00 Christmas Art-RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Putting up Trees -PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 11:00 Catholic Mass-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:30 Hot Cocoa and Candy Canes	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Christmas Cookies and Milk-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Music with David-Pl 6:00 Christmas Movie-PL	9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Jenga at the Table-RL 2:30 Snack And Hydration-FD 4:00 Movie Of Choice-FD 6:00 Christmas Music-RL
n. d	10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:30 Christmas Music With Piano Students- PL	9:30 Daily Devotion-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 11:00 Resident Council PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Christmas Baking-AR 6:00 Card Night - Christmas Cookies -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Pokeno!-PL 2:30 Snack And Hydration-PL 3:00 Making Christmas Cards-PL 6:00 Christmas Art-RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	Festival of Trees 14 9:30 Daily Devotion-PL 10:00 Larne Elementary School Kids Christmas Music-PL 10:15 Bookmobile-AR 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Music with Bill-DR 6:30 Christmas Family Night	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Christmas Tree Cakes And Milk-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Music With David-PL 6:00 Christmas Movie-PL	9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Bingo with Darlene-PL 2:30 Snack And Hydration-FD 4:00 Movie Of Choice-FD 6:00 Christmas Music-RL
g y at	17 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD	9:30 Daily Devotion-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy 10:30 Snack And Hydration-PL 1:00 Pokeno!-PL 2:30 Snack And Hydration-PL 3:00 Making Ugly Sweater-PL 6:00 Christmas Art-RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:30 Hot Cocoa and Candy Canes	40.00 E' Ol DI	9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Jenga at the Table-RL 2:30 Snack And Hydration-FD 4:00 Movie Of Choice-FD 6:00 Christmas Music-RL
D.	Christmas Eve 24 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD New Year's Eve 31 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Christmas Songs-PL 6:00 Card Night - Christmas Cookies -PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Pokeno!-PL 2:30 Snack And Hydration-PL 3:00 Making Mason Jar Snow Globes-PL 6:00 Christmas Art-RL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Nine Letter Word Game-PL 6:00 Bible Study Time-PL	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:15 Bookmobile-AR 10:30 Music with Gloria and Jean 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day-Beauty Shop-BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:30 Hot Cocoa and Candy Canes	9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 New Year's Scavenger Hunt -All Over The Building 6:00 Christmas Movie-PL	9:30 Morning News-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:00 Game Day-PL 2:30 Snack And Hydration-FD 4:00 Movie Of Choice-FD 6:00 Christmas Music-RL



Congratulations to our chef, Shawn Latta, for winning first place at the annual chili cook-off!



Samantha Davies is a 3rd shift Med Tech who has been part of our team for 3 years. She is a hard worker, and our residents love her! When she is not caring for your loved one, Samantha is a wife and mom of 2, a boy and a girl. She loves to read books and do crafting. Sam's favorite thing about her job is the residents. She grew up seeing her mother and grandmother care for assisted living residents, part of that time in our very own community, and she decided to follow in their footsteps!

# Handmade for the Holidays

Cookies baked with love, a DIY wreath, handmade gifts: For many, these are some of the things that paint a sentimental portrait of the holidays. These traditions are good for your mental health, too. Putting time and effort into making something with your hands has been shown to relieve stress and enhance your self-esteem. It's not necessary to have a completely homemade holiday, but choosing to DIY one or two aspects can help make the season shine a little brighter. A simple place to start is food. Look up recipes for cookies, fudge, breads and snack mixes, which are all easy to share with others. Evenings at home can be even cozier when you simmer sliced apples for cider or make hot cocoa from scratch, rather than buying premade versions. When it's time to deck the halls of your home, add a personal touch with some DIY decorations. Tutorials for wreaths, ornaments and other adornments range in difficulty and style, so there's a project for all ages and personalities. Even cutting out paper snowflakes can fill you up with warmth and nostalgia.

You don't need to be skilled at sewing or knitting to give a handmade gift. Other presents that you can make include body scrubs, herb-infused olive oils, houseplant terrariums or a personalized playlist. You can also create your own greeting cards or wrapping paper.





