

# THE Lake Wylie *Lifestyle*



LAKE WYLIE  
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY  
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

## Department Heads

Jessica Nolan - Executive Director  
Amber Passmore - Business Office Manager  
Roger Dishman - Director Plant Operations  
Drew Baskett - Sales and Marketing Director  
Sandy Brown - Residents' Program Director  
Anna Self - Memory Care Director  
Shawn Latta - Dining Services Director

## Important Numbers

Front Desk - 803-831-9900  
Fax Number - 803-831-9194

## Resident Birthday

Anne Walker 2/7

## From the Desk of...



### Greetings Families,

I want to express my gratitude for all of your patience and understanding as we have navigated through the recent COVID outbreak. With the beginning of the new year, we are looking forward to making memories and having an extraordinary year. We have exciting activities and events coming up and cannot wait to share those moments with each of you. We look forward to making this year the best yet for our Lake Wylie family!

-Jessica

## FEBRUARY 2023

### Heartfelt Hand Warmers

Warm your heart and your hands with this simple sewing project.

#### Materials:

- Scissors
- Sheet(s) of felt, any color
- Embroidery floss, any color
- Sewing needle
- 1/2 cup of uncooked rice
- Essential oil, any scent (optional)

#### Directions:

Cut four matching heart shapes out of the felt. Make each heart around the size of your hand or a little smaller, so you can hold onto it inside your coat pocket.

Tie a knot at the end of the embroidery floss and thread the needle. Stack two heart shapes together and begin sewing them together at the edges, using a basic whip stitch.

Stop sewing about three-fourths of the way around the heart. Pour about half of the rice inside the heart pouch, using your finger to evenly distribute it. Don't overfill. If desired, add 10 to 15 drops of an essential oil for fragrance.

Finish sewing the rest of the heart shut. Tie off the thread and trim off the excess. Repeat the entire process for the second pair of hearts.

To use, microwave the finished pair of hearts for 30 seconds, then place them in your pockets and use them as hand warmers.



**FEBRUARY  
2023**



**Brain Bender:  
Snow Day  
Scramble**

Unscramble each of the wintry words below, then rearrange the bolded letters in each set of answers to reveal another related word.

1.

**E I M N T S T**: \_ \_ \_ \_ \_

**L O P W**: \_ \_ \_ \_

**G B A O T G N O**: \_ \_ \_ \_ \_

\_ \_

**A C F R S**: \_ \_ \_ \_ \_

Secret word: \_ \_ \_ \_ \_

2.

**E E E F R Z**: \_ \_ \_ \_ \_

**L C I E C I**: \_ \_ \_ \_ \_

**O M S R T**: \_ \_ \_ \_ \_

**F A U S R E F M**: \_ \_ \_ \_ \_

\_ \_

Secret word: \_ \_ \_ \_ \_

3.

**R O M B O**: \_ \_ \_ \_ \_

**L K I S A T H**: \_ \_ \_ \_ \_

**F E I L**: \_ \_ \_ \_

**L Y O L J**: \_ \_ \_ \_ \_

Secret word: \_ \_ \_ \_ \_

(Answers: 1. mittens, plow, toboggan, scarf, snowman; 2.

freeze, icicle, storm, earmuffs, flurries; 3. broom, silk hat,

life, jolly, Frosty)

**"True friends are like diamonds—bright, beautiful, valuable and always in style."  
—Nicole Richie**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Morning Prayer And Devotion-DR 8:00 Pamper Me-000 9:00 Current Events-AR 10:00 Fitness Time-AR2 1:30 Quiet Time-R 2:30 Snack And Hydration AR 3:00 Kickball-AR 6:00 TV-Time	2 8:00 Morning Prayer And Devotion-DR 8:00 Pamper Me-000 9:00 Current Events-AR 10:00 Fitness Time-AR2 1:30 Quiet Time-R 2:30 Snack And Hydration AR 3:00 Sparkling Wine And Cheese-DR 6:00 Parachute Fun-AR	3 8:00 Morning Prayer And Devotion-DR 8:00 Pamper Me-000 9:00 Current Events-AR 10:00 Fitness Time-AR2 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Snack And Hydration AR 3:00 Manicure Spa Day-CK 6:00 Friday Night Movie-AR	4 8:00 Morning Prayer And Devotion-DR 8:00 Pamper Me-000 9:00 Current Events-AR 10:00 Fitness Time-AR2 1:30 Quiet Time-R 2:30 Snack And Hydration AR 3:00 Arts And Crafts-AR 6:00 Wind Down With Classical Music
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## A Sweet Place To Live

Our community is a sweet place to live! Celebrate this fact by stopping by the office on Valentine's Day to enjoy a sweet treat! Our candy jar is always filled with sweet goodies just for you!

## EMPLOYEE OF THE MONTH



ABAGAIL MARTIN

Abigail has been with Lake Wylie for several years. She is a joy to work with and is always willing to lend a helping hand. She has a husband, two children and a grandson who she loves spending time with fishing, camping, vacationing or just playing some good old-fashioned board games! Abigail says she loves to laugh and just simply enjoy what life has to offer. We are thankful to have Abigail as part of our team.

## Remember When: Bazooka Bubble Gum

Following World War II, a new bubble gum brand arrived to ride the wave of optimism that was sweeping the nation. Bursting with patriotic pride in a red, white and blue wrapper and sporting a military-inspired name, Bazooka Bubble Gum was introduced in 1947. But the gum's popularity didn't blow up until 1953, with the debut of Bazooka Joe. Wearing an eyepatch and baseball cap, Joe and his friends were featured in tiny comic strips, printed on wax paper, that were included with every package of Bazooka gum. Kids loved collecting the comics, and over time, Joe became one of the most recognized mascots in American history.

## Love Around the World

Valentine's Day is celebrated across the globe, and many countries have unique holiday traditions.

*Germany.* Heart-shaped gingerbread cookies with romantic messages written in icing are popular valentine gifts among German couples.

*South Korea.* Women give chocolate to men on Valentine's Day, then the gesture is returned on White Day, March 14, when men are the gift-givers. Single friends get together on Black Day, April 14, and dine on bowls of noodles covered with a black bean sauce.

*Mexico.* The holiday is known as the Day of Love and Friendship in this country, where friends as well as romantic partners gift each other candy, flowers, balloons and stuffed animals.

*South Africa.* The expression "wear your heart on your sleeve" is fitting for South African women, who pin the name of their love interest to their shirtsleeve for the day.

*Peru.* Orchids are the flower of choice for valentines here, since they are native to this South American nation.

*Philippines.* Hundreds of couples in this Asian country tie the knot in mass wedding ceremonies on Feb. 14.

*Wales.* The Welsh honor their patron saint of love on Jan. 25, St. Dwynwen's Day, and couples often exchange decorative wooden "love spoons," utensils that are ornately carved with symbols of affection.

