

THE Lake Wylie *Lifestyle*



LAKE WYLIE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY
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Department Heads

Kayla Cline - Executive Director
Roger Dishman - Director Plant Operations
Sandy Brown - Resident Program Director
Nicci Melton - Business Office Manager
Shawn Latta - Dining Services Director
Janice Eagles - Assisted Living Director
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A huge shout out to this team right here that just led our community to a Deficiency Free Annual Survey!! I am so grateful for this bunch pictured, but also for the ones that are unseen in our frontline staff who provide the day-to-day assistance!! As most of you have noticed, we have a lot of new faces around the community from staff, residents and families. Huge shout out to our team for adjusting to the sudden change of pace. We are so excited for what is to come here at LWAL.



MARCH 2024



Bunny Basics

Rabbits can be found living in city parks, suburban yards and country meadows. These cute critters are often seen as a symbol of spring. As the weather warms and the grass turns green, hop on in to these fun facts about rabbits.

- Although baby rabbits are called bunnies, they are actually kits or kittens. A female rabbit is a doe and a male rabbit is a buck.
- Carrot-crunching rabbits are often shown in cartoons, but the herbivores mainly eat grass, weeds, clover and other plants.
- When rabbits are happy, they jump in the air, twist and kick, an athletic leap known as a binky.
- Strong hind legs give rabbits their speed and jumping ability. Eastern cottontails, the most common rabbit in North America, can run up to 18 mph.
- Like cats, rabbits groom themselves by licking their fur and paws. They also purr when they are content and relaxed.
- Some types of rabbits dig underground burrows called warrens; others make nests above ground under dense cover.
- A rabbit can see behind, above and to the sides without turning its head.
- Their long, sensitive ears can detect sounds up to 2 miles away. The large surface area of the ears releases body heat, helping the animals stay cool.
- The largest rabbit is the Flemish giant, a domesticated breed that weighs up to 20 pounds and grows 2.5 feet long.



MARCH 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Resident Birthday 3/12/40 Theresa Healey	Employee Birthdays 3/7 Krystle Broyles 3/12 Melahjane Grady 3/16 Abigail Martin 3/18 Jinah Harper 3/20 Marlene Williams 3/25 Chloe Terrell	All Events Are Subject to Change		<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Make and Eat Banana Pudding</p> <p>3:30 Never Have I Ever</p> <p>6:00 Friday Night Movie-LR</p>
<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Bingo-AR</p> <p>10:30 Make and Eat Muffins-DR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Decorate Shamrocks-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Exercise With Therapy-AR2</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sing Along With Savanna-LR</p> <p>6:00 Relaxing Music I2L-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>10:45 Bible Study With Don -AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Spa Time -AL</p> <p>6:00 Movie Time And Popcorn -AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Pet Therapy With Jack And Dianne</p> <p>1:00 Quiet Time-R</p> <p>2:00 Egg Stuffing-AR</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 4-Leaf Clover Scavenger Hunt</p> <p>6:00 TV Time-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Time with Terry the Chaplain</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sparkling Wine And Cheese-LR</p> <p>6:00 Wind Down Music I2L-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Music With Terry- AL</p> <p>6:00 Friday Night Movie-LR</p>	<p>9:30 Daily Chronicles & Coffee-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Easter Egg Decorating-AR</p> <p>6:00 Magazine Scavenger Hunt-AR</p>
<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Bingo-AR</p> <p>10:30 Make and Eat Muffins-DR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Think Outside The Box-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Exercise With Therapy-AR2</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sing Along With Savanna-LR</p> <p>6:00 Relaxing Music I2L-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>10:45 Bible Study With Don -AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Spa Time -AL</p> <p>6:00 Movie Time And Popcorn -AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Pet Therapy With Jack And Dianne</p> <p>1:00 Quiet Time-R</p> <p>2:00 Egg Stuffing-AR</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Name That Tool-LR</p> <p>6:00 TV Time-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Time with Terry the Chaplain</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sparkling Wine And Cheese-LR</p> <p>6:00 Wind Down Music I2L-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Music With David-AL</p> <p>6:00 Friday Night Movie-LR</p>	<p>9:30 Daily Chronicles & Coffee-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Stuff Easter Eggs-AR</p> <p>6:00 Magazine Scavenger Hunt-AR</p>
<p>St. Patty's Day</p> <p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Bingo-AR</p> <p>10:30 Make and Eat Muffins-DR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Shamrock Cookie Decorating-DR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Exercise With Therapy-AR2</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sing Along With Savanna-LR</p> <p>6:00 Relaxing Music I2L-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>10:45 Bible Study With Don -AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Spa Time -AL</p> <p>6:00 Movie Time And Popcorn -AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Pet Therapy With Jack And Dianne</p> <p>1:00 Quiet Time-R</p> <p>2:00 Egg Stuffing-AR</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Easter Brush to Canvas-AR</p> <p>6:00 TV Time-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Time with Terry the Chaplain</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sparkling Wine And Cheese-LR</p> <p>6:00 Wind Down Music I2L-LR</p>	<p>Easter Egg Hunt</p> <p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Music With Patrick-AL</p> <p>6:00 Friday Night Movie-LR</p> <p>10:30 Easter Egg Hunt -OB</p>	<p>9:30 Daily Chronicles & Coffee-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Let's Color Eggs-AR</p> <p>6:00 Magazine Scavenger Hunt-AR</p>
<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Bingo-AR</p> <p>10:30 Make and Eat Muffins- DR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Paint Flower Pots-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Exercise With Therapy-AR2</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sing Along With Savanna-LR</p> <p>6:00 Relaxing Music I2L-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>10:45 Bible Study With Don -AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Spa Time -AL</p> <p>6:00 Movie Time And Popcorn -AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Pet Therapy With Jack And Dianne</p> <p>1:00 Quiet Time-R</p> <p>2:00 Egg Stuffing-AR</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Arrange Flowers-AR</p> <p>6:00 TV Time-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Time with Terry the Chaplain</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Gloria And Toney Sing-along -LR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sparkling Wine And Cheese- LR</p> <p>6:00 Wind Down Music I2L-LR</p>	<p>Good Friday</p> <p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Praise Music-LR</p> <p>6:00 Easter Movie-LR</p>	<p>9:30 Daily Chronicles & Coffee-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Flower Decorating-AR</p> <p>6:00 Magazine Scavenger Hunt-AR</p>
<p>Easter</p> <p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Make and Eat Muffins- DR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Let's Laugh-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:30 Exercise With Therapy-AR2</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sing Along With Savanna-LR</p> <p>6:00 Relaxing Music I2L-AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>10:45 Bible Study With Don -AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Spa Time -AL</p> <p>6:00 Movie Time And Popcorn -AR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Pet Therapy With Jack And Dianne</p> <p>1:00 Quiet Time-R</p> <p>2:00 Egg Stuffing-AR</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Arrange Flowers-AR</p> <p>6:00 TV Time-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Time with Terry the Chaplain</p> <p>10:30 Snack and Hydration-AR</p> <p>11:00 Gloria And Toney Sing-along -LR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:00 Sparkling Wine And Cheese- LR</p> <p>6:00 Wind Down Music I2L-LR</p>	<p>9:30 Morning Prayer and Devotion-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Praise Music-LR</p> <p>6:00 Easter Movie-LR</p>	<p>9:30 Daily Chronicles & Coffee-AR</p> <p>10:00 Exercise Class-AR</p> <p>10:30 Snack and Hydration-AR</p> <p>1:00 Quiet Time-R</p> <p>2:30 Snack And Hydration-LR</p> <p>3:30 Flower Decorating-AR</p> <p>6:00 Magazine Scavenger Hunt-AR</p>

A Rhythmic Birthday

A birthday is so much fun; celebrations have begun. Over a century since his birth, his poems still hold their worth. Rhyme along with Dr. Seuss on his 120th birth anniversary, March 2.

Colorful Spring

In the Hindu religion, spring is welcomed with an unforgettable splash of color. Holi, the Festival of Colors, falls between late February and early March and is highlighted by large public celebrations, where people throw brightly colored powders and splash scented water on each other. The holiday honors both the arrival of spring and the story of Prahlada, a prince who was saved from a bonfire by the god Vishnu. The colors represent the flickering flames in the tale, as well as the warm, happy hues of springtime.

"Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum."
—Paul J. Meyer



Abigail Martin has been with Lake Wylie for several years. She is a joy to work with and is always willing to lend a helping hand. She loves her job and helping out where she can. She enjoys spending time with her husband, children and grandson. She loves laughing and enjoying life. Abigail would like to thank her co-workers for all they do.



Celebrate Irish Poets

Wearing green and rocking shamrocks for St. Patrick's Day on March 17 is all the rage, but have you ever thought about celebrating by browsing through some Irish poetry? World Poetry Day is also observed this month, on the 21st. Celebrate both of these fun holidays by learning more about a few famous Irish poets.

W.B. Yeats. One of the greatest poets of the 20th century, Yeats published over 30 poetry collections and won the Nobel Prize for literature in 1923. He followed a traditional style that focused on rhythm and cadence. As a lover of his country, he mostly wrote poems with Irish settings and subjects.

Seamus Heaney. Poems with deeply meaningful and beautiful verses were a specialty of Heaney's. Though he didn't want to be a political spokesman, his work reflected contemporary Irish issues. His rhymes were unpredictable yet his words were clear and textured, earning him the Nobel Prize in literature in 1995 and two American Ireland Fund Literary Awards—given to Irish writers who reflect the literary traditions of their heritage.

Eavan Boland. Both a poet and a professor at Stanford University, Boland was one of the primary female voices in Irish literature for decades, writing of women's experiences in both everyday life as well as throughout her country's history. Her accomplishments include a Lannan Foundation Literary Award in Poetry and an American Ireland Fund Literary Award, both received in 1994.