

Department Heads

Kayla Cline - Executive Director Roger Dishman - Director Plant Operations Sandy Brown - Resident Program Director Nicci Melton - Business Office Manager Shawn Latta - Dining Services Director Janice Eagles - Assisted Living Director jeagles@tarantinoseniorliving.com



Isn't it wonderful that spring has arrived? We're thrilled! The sunny days and warmer weather have been delightful and it's been amazing to see everyone enjoying the outdoors.

With spring also comes the tradition of spring cleaning! As a community, we're kicking off by sprucing up our outdoor spaces!

Next on the agenda: focusing on resident rooms. Please ensure that any snacks for your loved ones are stored in airtight containers. We don't want pesky little pests invading their space. Additionally, a friendly reminder to please give all medications to the community staff and refrain from leaving any and all medication in the resident apartments unless there is a specific order for it. We want to express our gratitude for your patience as we continue to grow. It's been truly wonderful to welcome so many new faces into our community, including residents, families and staff. With nearly 100 residents now, we've been busier than ever. If you notice a delay in responses from the management team, it's because of this increased activity. If we don't respond promptly, please don't hesitate to remind us, as we're also fully engaged in serving our residents.

APRIL 2024

Carrots Are the Tops

Colorful, sweet, economical and good for you, carrots are a popular veggie. We've harvested a bunch of details about them.

- Carrots first cropped up about 5,000 years ago in the region around what's now Afghanistan.
- People originally grew the vegetable as medicine.
 The root and its green, leafy top were used to treat a variety of ailments.
- Today, the average American eats about 10 pounds of fresh carrots in a year.
- You can find carrots in a rainbow of colors: yellow, white, purple, red and, of course, orange, the most common type.
- Carrots are loaded with beta carotene, an antioxidant that gives orange carrots their color and helps our bodies maintain healthy eyesight and skin, as well as a strong immune system.
- Did you know that cooking carrots makes them even healthier? The heat releases more of their nutrients.
- The natural sugars in carrots give them their sweet flavor. That's why the vegetable shows up as a star ingredient in some desserts, including carrot cake.
- Baby carrots are one of the top buys at the grocery store. Perfect for snacking, the mini-sized carrots debuted in the late 1980s and are made by peeling, cutting and shaping larger carrots.
- Cartoon character Bugs Bunny famously loves to crunch on carrots, but rabbits in the wild actually prefer to eat grass.
- Carrot lovers, save the date! April 4 is International Carrot Day.





MEMORY CARE

APRIL 2024

Cute as a Button

Use colorful buttons to create this seasonal decoration.

Materials:

Pencil

- Wooden plaque or piece of cardboard
- Buttons, various colors and sizes
- Foam brush
- Decoupage glue

Directions:

Lightly trace or draw an egg shape on the wooden plaque or cardboard piece.
Separate buttons by color and begin planning your egg's design. An easy and eye-popping idea is to create rows of buttons of the same color, resulting in a striped egg. Use the pencil to lightly sketch your design inside the egg.
With the brush, add glue to a

With the brush, add glue to a small section of the egg and place your desired buttons on top. Continue adding glue and buttons until the egg shape is completely filled. Let dry, then prop up the plaque on a shelf or table among other springtime décor.

"Tomorrow morning,
when the sun shines through
your window, choose to
make it a happy day."
—Lynda Resnick

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Opril Pril	April Fools' Day 1 9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 1:30 Comedy Club-LR 2:30 Snack And Hydration-LR 3:00 Balloon Bounce-CA 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Painting Garden Rocks-AR 6:00 Movie Time And Popcorn -AR	National Find a Rainbow Day 3 9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Bingo with Kerry-AR 2:30 Snack And Hydration-LR 3:00 Rainbow Scavenger Hunt-AR 6:00 TV Time-LR	9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Crafts with Savanna-AR 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	5 5	9:30 Daily Chronicles & Coffee-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Let's Make Art-AR 6:00 Magazine Scavenger Hunt-AR
ee of	9:30 Morning Prayer and Devotion-AR 10:00 Bingo-AR 10:30 Make and Eat Muffins-DR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chit Chat-OB 6:00 Movie and Relax-LR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Flower Painting-AR 6:00 Relaxing Music I2L-AR	9 9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time-AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Baking Class With Kerry-AR 2:30 Snack And Hydration-LR 3:30 Target Practice-LR 6:00 TV Time-LR	Devotion-AR	9:30 Morning Prayer and Devotion-AR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Music With Terry-AL 6:00 Netflix And Relax-LR	9:30 Daily Chronicles & Coffee-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Make Peach Cobbler-DR 2:30 Enjoy Peach Cobbler-DR 3:00 Let's Make Art-AR 6:00 Magazine Scavenger Hunt-AR
e	National Gardening Day 14 9:30 Morning Prayer and Devotion-AR 10:00 Bingo-AR 10:30 Make and Eat Muffins-DR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chit Chat and Garden-OB 6:00 Movie and Relax-LR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Bowling Time-LR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 12:30 Birthday Celebration-DR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time-AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Art Class With Kerry-AR 3:00 Banana Social-AR 6:00 TV Time-LR	9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Craft Time-AR 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR		9:30 Daily Chronicles & Coffee-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Let's Make Art-AR 6:00 Magazine Scavenger Hunt-AR
a on	9:30 Morning Prayer and Devotion-AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Jumbo Word Search-AR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time-AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Let's Move It with Kerry-AR 2:30 Snack And Hydration-LR 3:00 Work On Your Putt-LR 6:00 TV Time-LR	9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 11:00 Gloria And Toney Singalong -LR 1:00 Quiet Time-R 2:00 Craft Time-AR 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	5 5	9:30 Daily Chronicles & Coffee-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Let's Make Art-AR 6:00 Magazine Scavenger Hunt-AR
gh	9:30 Morning Prayer and Devotion-AR 10:00 Bingo-AR 10:30 Make and Eat Muffins-DR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chit Chat-OB 3:00 Who's Your Hero?-AR 6:00 Superhero Movie Night-LR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Handprint Art-AR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 Let's Garden-OB 10:30 Snack and Hydration-AR 10:04 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time-AL 6:00 Movie Time And Popcorn -AR	All Events Are Subject To Change	Resident Birthdays 4/16/45 Susan Shaw	Employee Birthdays 4/2 Stephanie Mountain 4/3 Quasheria Paige 4/12 Alissa Moore 4/27 Asia Childers	Spring is in the City



Vanessa has worked with us for several years. She always has a smile on her face; her passion and willingness to help our residents shows every day!

Vanessa has 4 kids, 3 boys and 1 girl. Her favorite thing is to hang out with her best friend, Tada, and she cannot wait to arrive at work every day to take care of our residents because they make her heart happy. We are very lucky to have her as a part of our team!



Right as Rain

Don't let April showers dampen your enthusiasm to learn all about rain!

- Each minute, 1 billion tons of rain falls on the Earth.
- Nimbostratus and cumulonimbus are the two most common types of rain clouds. The nimbostratus is a flat, gray cloud that hangs low in the sky. The cumulonimbus is a tall, puffy cloud that looks flat at the top and has a dark gray base.
- Falling at an average speed of 14 mph and from an average cloud height of 2,500 feet, a raindrop takes about two minutes to hit the ground.
- Grass looks greener after a shower because rain contains nitrogen, which is a natural fertilizer.
- Scientists say rain is not actually shaped like a teardrop. Raindrops start out in a spherical shape, and as they fall, they encounter air pressure that flattens the bottom of the drops, so they actually look like the top half of a hamburger bun.
- Petrichor is the word that describes the scent of rain.
 When raindrops fall on clay or dusty soils, they trap small air bubbles on the surface, which then rise and burst out of the droplets, producing the fresh, familiar fragrance.
- Scientists have studied fossilized raindrop imprints in 2.7 billion-year-old rock formed from volcanic ash.
- In hot, dry regions, rain sometimes evaporates before it hits the ground. The scientific term for this is virga, but it is also commonly called "phantom rain."





