

# THE Lake Wylie *Lifestyle*



LAKE WYLIE  
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY  
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

MAY 2023

## Department Heads

Jessica Nolan - Executive Director  
Amber Passmore - Business Office Manager  
Roger Dishman - Director Plant Operations  
Drew Baskett - Sales and Marketing Director  
Sandy Brown - Resident Program Director  
Anna Self - Memory Care Director  
Shawn Latta - Dining Services Director  
Tamicka Sanders - RCC  
Jessica Nolan - Jnolan@tarantinoseniorliving.com  
Amber Passmore - Apassmore@tarantinoseniorliving.com  
Sandy Brown - Sbrown@tarantinoseniorliving.com  
Roger Dishman - Rdishman@tarantinoseniorliving.com  
Ann Massey - Amassey@tarantinoseniorliving.com  
Shawn Latta - Slatta@tarantinoseniorliving.com

## Important Numbers

Front Desk - 803-831-9900

## From the Desk of...



### Jessica Nolan

We are excited to announce our annual Mother's Day Tea. We will have our tea on Friday, May 12th at 10:00 am. We have started communicating with families to get prepared to celebrate all of our mothers, grandmothers, and great-grandmothers.

### Saluting the Golden Years

May celebrates Older Americans Month.

## Sweet and Simple Mother's Day Greetings

A handmade card will warm the hearts of moms, grandmas and other important ladies in your life. Say something special with one of these fun ideas:  
*For the tea-riffic mom.* Pour out your heart in this tea-themed card. Cut one of the corner cups out of a cardboard egg carton, then cut the cup in half so it can be glued flat against a blank card. Color the cardboard cup with watercolor paints or markers. Attach a pipe cleaner handle and glue the teacup to the card. Then stick a teabag of Mom's favorite blend inside the cup.

*Let your love grow.* Out of brown paper, cut out a simple flowerpot shape, then cut another to match. Glue one flowerpot on a blank card and write your message on it. Then place the other pot on top, only gluing at the top so you can lift the first layer to read the message. Add paper or fabric flowers coming out of the pot.

*Pocket-sized greeting.* Holding a blank card vertically, cut off the top two corners at a curve, so the resulting card shape resembles an apron. Cut a paper doily in half and glue it to the apron, round side down. Then attach a square of decorative paper on top of the doily, gluing around the sides and bottom edge only. Slide a gift card or small treat inside the apron pocket. Complete the look with a loop of ribbon at the top of the apron.

## Thank a Nurse

Take the time to give a heartfelt thank-you to our nurses for their hard work and care during National Nurses Week—and every week!

**MAY 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 3:00 May Day basket 6:00 Magazine Scavenger Hunt- AR</p>	<p>2</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 3:00 Target Practice - LR 6:00 Hot Tea Social</p>	<p>3</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 3:30 Kickball-AR 6:00 TV-Time</p>	<p>4</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Classic Music</p>	<p>5</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 6:00 Friday Night Movie-AR</p>	<p>6</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Snack And Hydration -AR 3:00 Arts And Crafts-AR 6:00 Wind Down With Classical Music</p>
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**How To Make Sun Prints**

This simple project combines science and art to create a cool design.

**Materials:**

- Small, flat objects such as leaves, flower petals, feathers, buttons, keys, etc.
- Construction paper (dark colors are best)
- Clear tape

**Directions:**

Arrange the objects on the construction paper. Flat objects with lots of details, like the veins in a leaf, will make better prints. Use small pieces of tape to secure the items to the paper. Place the sheet of paper outside in direct sunlight. You can also tape the sheet of paper to a window indoors, with the side holding the objects facing outside. After at least 4 hours, carefully remove the taped objects from the paper to reveal the sun prints left behind. You can frame the designed paper, place it in a journal or cut it into squares to make greeting cards.

**"Keep a green tree in your heart and perhaps the singing bird will come."  
—Chinese proverb**



Matt has been a maintenance assistant with Lake Wylie for 3 years. He always has a smile and a helping hand. In his free time, Matt enjoys spending time outdoors.



Easter Egg Hunt out back was so much fun! Thank you to everyone who came out to help us celebrate!

## Fresh Berry Salad With Poppy Seed Dressing

### Dressing Ingredients:

- 3/4 cup apple cider vinegar
- 3/4 cup lemon juice
- 1/4 cup Dijon mustard
- 1/2 cup sugar
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 1 tablespoon poppy seeds
- 1 2/3 cups canola oil

### Salad Ingredients:

- 6 cups spinach
- 2 cups romaine lettuce
- 3/4 cup sliced fresh strawberries
- 1/3 cup fresh blueberries
- 1/3 cup feta cheese
- 1/3 cup walnuts
- 2 tablespoons chopped scallions
- 1/3 cup canned mandarin oranges, drained
- 1/2 avocado, diced

### Directions:

In blender, combine apple cider vinegar, lemon juice, Dijon mustard, sugar, salt, pepper and poppy seeds. Blend 1 minute, or until smooth. Slowly add in canola oil and continue to blend until oil is fully emulsified. In large bowl, combine all salad ingredients with dressing. Toss thoroughly.

*Find more recipes at [Culinary.net](http://Culinary.net).*

## Resident Birthdays

- Marilyn Notaro 5/5
- Theodore Hudson 5/13
- Walter Fritz 5/14
- Ernest Holden 5/21
- Martha Stegall 5/22
- Iris Mason 5/27