

THE Lake Wylie *Lifestyle*



LAKE WYLIE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

JUNE 2023

Department Heads

Jessica Nolan - Executive Director
Sherlie Jean-Paul - Nurse
Roger Dishman - Director Plant Operations
Drew Baskett - Sales and Marketing Director
Sandy Brown - Resident Program Director
Anna Self - Memory Care Director
Shawn Latta - Dining Services Director
Tamicka Sanders - RCC
Jessica Nolan - Jnolan@tarantinoseniorliving.com
Sherlie - sjean-paul@tarantinoseniorliving.com
Sandy Brown - Sbrown@tarantinoseniorliving.com
Roger Dishman - Rdishman@tarantinoseniorliving.com
Ann Massey - Amassey@tarantinoseniorliving.com
Shawn Latta - Slatta@tarantinoseniorliving.com

Important Numbers

Front Desk - 803-831-9900



High-Altitude Amusements

Summer is a good time for sky-watching. Think back to occasions that had you looking up or lifting off to the skies.

- Some people enjoy a bird's-eye view of the Earth. Do you like being high above it all or do you prefer to be firmly on the ground? Why?
- Have you taken in the sights at the top of a mountain, skyscraper or lighthouse?
- Do you have childhood memories of searching for shapes in the passing clouds or watching a storm roll in? Is that something you enjoy now?
- Have you been stargazing or watched for a meteor shower?
- Some tourist sites and amusement parks offer fun ways to get you above the crowds, including Ferris wheels, aerial cable cars and sky rides. Have you ridden in one?
- Have you seen or been a passenger in a hot air balloon?
- Adventurous sports such as hang gliding, paragliding and skydiving can make you feel like you're flying. Have you or anyone you know taken part in these activities?
- Air shows are known for precision flying demonstrations and daredevil displays. Have you ever attended a show?

Hello, Summer!

Welcome to the days of porch-sitting, ice cream socials and cookouts! I hope you enjoy these warmer days and take advantage of our many summertime celebrations. I'll be seeing you around our community, and please stop by my office anytime!



How To Make Sun Prints

This simple project combines science and art to create a cool design.



Materials:

- Small, flat objects such as leaves, flower petals, feathers, buttons, keys, etc.
- Construction paper (dark colors are best)
- Clear tape

Directions:

Arrange the objects on the construction paper. Flat objects with lots of details, like the veins in a leaf, will make better prints. Use small pieces of tape to secure the items to the paper. Place the sheet of paper outside in direct sunlight. You can also tape the sheet of paper to a window indoors, with the side holding the objects facing outside. After at least 4 hours, carefully remove the taped objects from the paper to reveal the sun prints left behind. You can frame the designed paper, place it in a journal or cut it into squares to make greeting cards.

"The lemon is the symbol of tart refreshment; its color and fragrance lift our spirits before we even taste it."
—Lori Longbotham

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Classic Music</p>	<p>2</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 6:00 Friday Night Movie-AR</p>	<p>3</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Arts And Crafts-AR 6:00 Wind Down With Classical Music</p>
<p>4</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Walk With Me-AB 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR</p>	<p>5</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Gardening -OB 6:00 Magazine Scavenger Hunt- AR</p>	<p>6</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Walking Club -OB 6:00 lemonade & patio chit-chat</p>	<p>7</p> <p>National Chocolate Ice Cream Day 8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Chocolate Ice Cream Social -AR 3:30 Kickball-AR 6:00 TV-Time</p>	<p>8</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Classic Music</p>	<p>9</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 6:00 Friday Night Movie-AR</p>	<p>10</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Arts And Crafts-AR 6:00 Wind Down With Classical Music</p>
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<p>18</p> <p>Father's Day 8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Walk With Me-AB 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR</p>	<p>19</p> <p>Juneteenth 8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Gardening -OB 6:00 Magazine Scavenger Hunt- AR</p>	<p>20</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Walking Club -OB 6:00 lemonade & patio chit-chat</p>	<p>21</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:30 Kickball-AR 6:00 TV-Time</p>	<p>22</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Classic Music</p>	<p>23</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 6:00 Friday Night Movie-AR</p>	<p>24</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Arts And Crafts-AR 6:00 Wind Down With Classical Music</p>
<p>25</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Walk With Me-AB 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR</p>	<p>26</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Gardening -OB 6:00 Magazine Scavenger Hunt- AR</p>	<p>27</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Walking Club -OB 6:00 lemonade & patio chit-chat</p>	<p>28</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:30 Kickball-AR 6:00 TV-Time</p>	<p>29</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Classic Music</p>	<p>30</p> <p>8:30 Pamper Me-000 9:30 Morning Prayer And Devotion-DR 10:00 Current Events -AR 10:30 Fitness Time-AR2 10:30 Snack And Hydration -AR 12:00 Manicure Spa Day-CK 1:30 Quiet Time-R 2:30 Sunshine & Smiles -AR 6:00 Friday Night Movie-AR</p>	



Thank you all for what you do for our residents. Just a little fun day out back to show our appreciation to our staff.



Spencer has been with our company for several years, is a pleasure to work with, and loves working with the residents. In her free time, she loves spending time with her family and friends.

Ooodles of Noodle Fun

Foam pool noodles provide fun and easy exercise both in and out of the water. Here are some creative ways to use the ol' noodle on dry land!

Javelin throw. Form a circle shape with a pool noodle by duct-taping the two ends together. Hang the ring in an open area. Cut a second noodle in half to make a javelin, then try to throw it through the hoop. To increase the difficulty, make the hoop a moving target by swinging it from side to side.

Ring toss. Stick a chopstick or dowel rod into the ground, then slide a pool noodle over it to create a stake. Tape a noodle's ends together to form a ring; repeat to make several rings. See how many rings you can land over the stake.

Balloon basket. Mark starting and finish lines. Using a pair of pool noodles, each player will carry an inflated balloon to a large basket or box sitting at the finish line. Tally up how many balloon baskets each person scores.

Chopstick relay. Divide a group into teams. Mark a starting place and a finish line. Each team member must carry a beach ball with a pair of noodles, as if they were giant chopsticks, to the finish line and back. The first team to finish wins.

Balloon swat. Have players sit in a circle, facing each other. Give each person a pool noodle cut in half, then toss an inflated balloon into the circle. Everyone must work together, using their noodles as bats, to keep the balloon from falling to the floor. For an added challenge, toss several balloons into the mix.