#### **Department Heads**

Jessica Nolan - Executive Director Sherlie Jean-Paul - Nurse Roger Dishman - Director Plant Operations Cynthia Henry - Sales and Marketing Director Sandy Brown - Resident Program Director Shawn Latta - Dining Services Director Sherlie - sjean-paul@tarantinoseniorliving.com Sandy Brown - Sbrown@tarantinoseniorliving.com Roger Dishman - Rdishman@tarantinoseniorliving.com Shawn Latta - Slatta@tarantinoseniorliving.com

## Important Numbers Front Desk - 803-831-9900

#### **Resident Care Coordinator**

**RCC** Memory Care- Anna

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**RCC** Assisted Living-Tamicka Sanders-

Tsanders@tarantinoseniorliving.com



#### **JULY 2023**

#### **A Sticky Summertime Treat**

As the clouds float above the crowds at a carnival or ballgame, down below are people of all ages happily enjoying the fluffy, melt-in-your-mouth confection known as cotton candy. Spin through these fun facts about the sticky stuff:

- Made of pure sugar, cotton candy isn't great for your teeth ... yet it was invented by a dentist! Dr. William Morrison co-created a sugar-spinning machine with candymaker John C. Wharton in 1897. They called their confection "fairy floss."
- In many countries, it's still called fairy floss or candy floss. In the Netherlands, they say sugar spider, and the French call it papa's beard.
- Each fine thread of cotton candy is thinner than a human hair. The strands are made by melting sugar and forcing it through a screen of tiny holes. Modern machines spin the sugar strands thousands of revolutions per minute.
- The treat was first introduced to a wide audience at the St. Louis World's Fair in 1904, where it sold for 25 cents a box.
- In the U.S., cotton candy is usually one of two artificially created flavors: blue raspberry and pink vanilla.
- An amusement park in Turkey holds the world record for making the longest spool of cotton candy. It took 6 hours and 70 staff members to make the confection, which measured over 4,500 feet long.
- Have you tried Cotton Candy grapes? A hybrid of two other grape varieties, the fruit's natural sweetness is compared to the flavor of cotton candy.





**MEMORY CARE** 

**JULY 2023** 

### Red, White and Blue Watermelon Parfaits

These patriotic parfaits are easy to make, healthy and wil add a blast of flavor to your summertime meals and celebrations.

- Ingredients:1 cup fresh blueberries,
- washed and drained
  1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup watermelon, diced
- Whipped cream for garnish
   Directions:

Assemble parfaits by layering the blueberries, yogurt and watermelon into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the watermelon. Top each parfait with a dollop of whipped cream and a few pieces of the diced melon. Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

Find more recipes a Culinary.net

"I don't need a fancy party to be happy. Just good friends, good food and good laughs. I'm happy. I'm satisfied. I'm content." —Maria Sharapova

-	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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#### EMPLOYEE OF THE MONTH

Tae has been with Lake Wylie for 7 years. She is a joy to work with and is always willing to lend a hand. She has 3 kids and two grandchildren and in her free time she loves spending time with her family.



# Laugh Lines: 'Seas' the Moment

Soak in some fun with these water witticisms:

Jill: "What's your favorite beach?"

Joe: "It's a beach in California." Jill: "California has a lot of beaches. Could you be more Pacific?"

Two men rented a canoe and went fishing in a remote part of a lake. Admiring their day's big catch, one of the men said, "We need to mark this spot!" The other man took out his pocketknife and began carving a big X in the bottom of the canoe. "What are you doing?" yelled the first man. His buddy explained, "I'm marking our spot, like you said!" "That doesn't make any sense! How do you know we'll get the same canoe next time?!"

A geology professor's former student returned to campus one day with a gift for her teacher, a unique soil sample she'd collected from a faraway river. Upon receiving the gift, the professor replied, "I appreciate the sediment."

Q: Why did the teacher dive into the lake?

A: She wanted to test the water.

Q: What did the tide pool say to the other tide pool?

A: Show me your mussels.

Q: What keeps a dock floating above water?

A: Pier pressure.

Q: Why is the ocean always on time?

A: It likes to stay current.





