

# THE Lake Wylie *Lifestyle*



LAKE WYLIE  
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY  
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

## Department Heads

Kayla Cline - Executive Director  
Roger Dishman - Director Plant Operations  
Sandy Brown - Resident Program Director  
Nicci Melton - Business Office Manager  
Shawn Latta - Dining Services Director  
Janice Eagles - Assisted Living Director  
jeagles@tarantinoseniorliving.com

## Resident Care Coordinator

Assisted Living- Tamicka Sanders  
Tsanders@tarantinoseniorliving.com



Happy Holidays!!

Hope everyone is gearing up for this holiday season!! As a reminder we have our Christmas family night Thursday December 14th at 6:30PM. We look forward to seeing and spending time with you and your loved ones. What a year 2023 has been. We are so grateful for the opportunity to serve you here at LWAL. Though there have been a lot of changes for the community but as each change comes growth and your team here at LWAL are here to support you and your families as we go full steam ahead into and through 2024. If you need anything, please do not hesitate to reach out (713) 788 – 4209.

## DECEMBER 2023



Jan re-joins us at LWAL as our Assisted Living Director. We are so grateful for her return. Jan lives in Clover, so this feels like home to her! She lived at the North Myrtle for 6 years but decided to leave the beach to come back to Clover. She has three grandboys and two adult boys that keep her on her toes and busy!! She has 4 fur babies, two dogs and two cats. She has been married for 22 years to a husband who is from South Africa, they love to travel together. She has been a nurse and taking care of seniors for 23 years and has 8 years of assisted living experience. We are so grateful for her return and look forward to what her experience brings to LWAL.

**DECEMBER 2023**

**Gingerbread Pecans**

Celebrate a sweet taste of the season with this festive snack.

**Ingredients:**

- 1 large egg white, beaten
- 2 cups raw pecan halves
- 2 tablespoons granulated sugar
- 2 tablespoons light brown sugar
- 2 teaspoons gingerbread spice blend
- 1 pinch salt

**Directions:**

Preheat oven to 300° F. Line baking sheet with parchment paper and set aside.

In a large bowl, whisk beaten egg white with a fork until frothy. Add pecans and stir until coated.


Sprinkle pecans with granulated sugar, brown sugar, gingerbread spice and salt. Stir to coat evenly. Spread pecans in an even layer on the prepared baking sheet.

Bake pecans for 40 minutes, stirring halfway. Allow pecans to cool completely before serving.

Store pecans in an airtight container for up to four days.

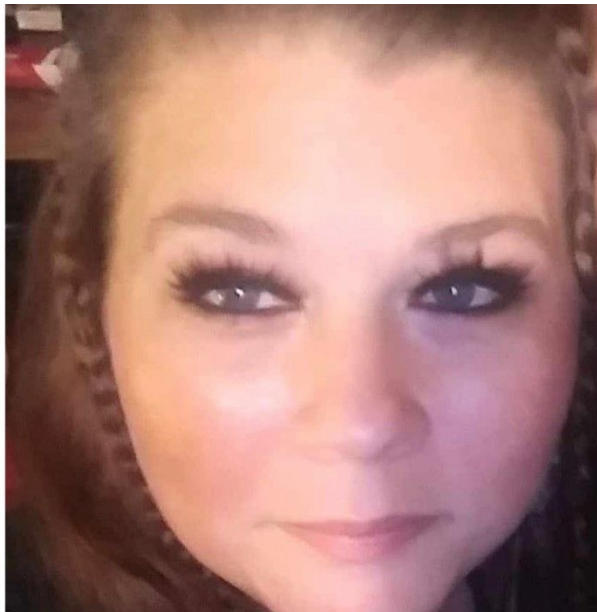
For more recipes, go to [AmericanPecan.com](http://AmericanPecan.com).

**"Bells are music's laughter."  
—Thomas Hood**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Employee Birthday</b> Adrien Reid-Douglas 12/24 Denise Meyer 12/5 Jasz Bennett 12/5 Lasasha Walker 12/9 Shawnetta Wright 12/14 Keyona Mackey 12/15 Terra Sheppard 12/15 Cinquetta Mckoy 12/18 Sister Elsa Koyickal 12/25 Norzenia Monroe 12/31				<b>All Events Are Subject to Change</b>	
8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Christmas Arts-AR 6:00 Christmas Music-LR	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 10:30 Exercise With Therapy-AR2 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Ball Tossed 6:00 Christmas Arts-AR	<b>BEAUTY SALON DAY</b> 8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 10:30 Matt And Mary Jane Dog Therapy-LR 1:00 Quiet Time-R 2:30 Hot Cocoa And Candy Canes-DR 3:00 Spa Day -AR 6:00 Card Night And Christmas Cookies-AR	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:00 Icing Christmas Cupcakes-AR 10:30 Christmas Snacks-AR1 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 3:30 Christmas Decorating-AR 6:00 TV-Time	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Christmas Music	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 12:00 Manicure Spa Day-CK 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Christmas Bingo -AR 6:00 Friday Night Movie-AR	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Christmas Crafts-AR 6:00 Wind Down With Christmas Music
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<b>Christmas Eve</b> 8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 3:00 Christmas Arts-AR 6:00 Christmas Music-LR	<b>Christmas</b> 8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 10:30 Exercise With Therapy-AR2 1:00 Quiet Time-R 2:30 Christmas Party-AR1 3:00 Christmas Movie	<b>BEAUTY SALON DAY</b> 8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 2:30 Hot Cocoa And Candy Canes-DR 3:00 Spa Day -AR 6:00 Card Night And Christmas Cookies-AR	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:30 Ball Toss-AR 6:00 TV-Time	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:00 Time with Terry the Chaplain 10:30 Christmas Snacks-AR1 11:00 Gloria And Toney Singalong -LR 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Sparkling Wine And Cheese-DR 6:00 Wind down with Christmas Music	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 12:00 Manicure Spa Day-CK 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 3:00 Bingo 6:00 Friday Night Movie-AR	8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 2:30 Snack And Hydration AR1 6:00 Wind Down With Classical Music
<b>New Year's Eve</b> 8:00 Warm-Ups 9:30 Morning Prayer And Devotion-DR 10:30 Christmas Snacks-AR1 1:00 Quiet Time-R 3:00 New Year's Eve Scavenger Hunt- All Over The Building						



Congratulations to our chef, Shawn Latta, for winning first place at the annual chili cook-off!



Samantha Davies is a 3rd shift Med Tech who has been part of our team for 3 years. She is a hard worker, and our residents love her! When she is not caring for your loved one, Samantha is a wife and mom of 2, a boy and a girl. She loves to read books and do crafting. Sam's favorite thing about her job is the residents. She grew up seeing her mother and grandmother care for assisted living residents, part of that time in our very own community, and she decided to follow in their footsteps!

## Handmade for the Holidays

Cookies baked with love, a DIY wreath, handmade gifts: For many, these are some of the things that paint a sentimental portrait of the holidays. These traditions are good for your mental health, too. Putting time and effort into making something with your hands has been shown to relieve stress and enhance your self-esteem. It's not necessary to have a completely homemade holiday, but choosing to DIY one or two aspects can help make the season shine a little brighter. A simple place to start is food. Look up recipes for cookies, fudge, breads and snack mixes, which are all easy to share with others. Evenings at home can be even cozier when you simmer sliced apples for cider or make hot cocoa from scratch, rather than buying premade versions. When it's time to deck the halls of your home, add a personal touch with some DIY decorations. Tutorials for wreaths, ornaments and other adornments range in difficulty and style, so there's a project for all ages and personalities. Even cutting out paper snowflakes can fill you up with warmth and nostalgia. You don't need to be skilled at sewing or knitting to give a handmade gift. Other presents that you can make include body scrubs, herb-infused olive oils, houseplant terrariums or a personalized playlist. You can also create your own greeting cards or wrapping paper.

